

# SFARM E-Learning platform teacher manual

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# **Topics format**

The course is organized into topic sections that a teacher can give titles to. Each topic section consists of activities, resources and labels. In new installations of Moodle, this is the default format.

TIP: This is great to use if your course is objective based and each objective may take different amounts of time to complete. An example of this would be scaffolding where the students are building upon the knowledge from earlier topics.

#### "Show only one section"

With the Weekly, Topics and any contributed format that implements the functionality, it is possible via Administration > Course administration > Edit settings to "show one section per page".

To add or remove topics first you have to turn editing on for the course as shown in the screenshot below.

	👃 🗨 🌔 Nikolaos P	olitopoulos
SFARM	Co-funded by the Erasmus+ Programme of the European Union	
Home 🚓 Dashboard 🛗 Events 🚔 My Courses 👗 This course	🕼 Turn editing on 🖂 Hide blocks 💉	Standard viev
Courses > Demo Courses > Prototype		
elcome	Logged in user	
The purpose of this course is to give you the ability to familiarize with the available Moodle's features. For more information about Moodle's capabilities, refer to the instructor's User's Guide and the Student User's Guide on the Moodle home page (main menu).	Nikolaos Politopoulos Country: Greece Citytown: Thesaloniki Email address: npolitop@csd.auth.gr	
apic 1	🗇 Guides	
Resources	Click here to download our users' guide Click here to download our teacher's guide Click here to download our course creation guid	e
Label: A Label can be used to place text or graphics between other Activities or Resources.		-3
Link to a file		
The file module enables a teacher to provide a file as a course resource. Where possible, the file will be displayed within the course interface: otherwise students will be prompted to download it. The file may include supporting files, for example an HTML page may have embedded images or Flash objects.		
🛞 Link to a URL	010	
The URL module enables a teacher to provide a web link as a course resource. Anything that is freely available online, such as documents or images, can be linked to: the URL doesn't have to be the home page of a website. The URL of a particular web page may be copied and pasted or a teacher can use the file picker and choose a link from a repository such as Flickr. YouTube or Wikimedia (depending upon which repositories are enabled for the site).	Participate in the course to gain experience pole	120 <sup>19</sup> to go ints and
Greate a webpage	RECENT REWARDS	
The page module enables a teacher to create a web page resource using the text editor. A page can display text, images, sound, video, web links and embedded code, such as Google maps.	Info Ladder Report	Settings

Figure 1: The "Turn editing on" button

After editing is on you have the option to add/remove topics as well as "activities" and "resources"

#### Activities

In Moodle terminology, an Activity, such as Forums or Quizzes, properly means something students can contribute to directly, and is often contrasted to a Resource such as a File or Page,





which is presented by the teacher to them. However, the term activity is sometimes for convenience also used to refer to both Activities and Resources as a group.

There are 14 different types of activities in the standard Moodle that can be found when the editing is turned on and the link 'Add an activity or resource' is clicked.

- Assignments Enable teachers to grade and give comments on uploaded files and assignments
- Chat Allows participants to have a real-time synchronous discussion
- Choice A teacher asks a question and specifies a choice of multiple responses
- Database Enables participants to create, maintain and search a bank of record entries
- Feedback For creating and conducting surveys to collect feedback.
- Forum Allows participants to have asynchronous discussions
- Glossary Enables participants to create and maintain a list of definitions, like a dictionary
- Lesson For delivering content in flexible ways
- (LTI) External tool Allows participants to interact with LTI compliant learning resources and activities on other web sites. (These must first be set up by an administrator on the site before being available in individual courses.)
- Quiz Allows the teacher to design and set quiz tests, which may be automatically marked and feedback and/or to correct answers shown
- SCORM Enables SCORM packages to be included as course content
- Survey For gathering data from students to help teachers learn about their class and reflect on their own teaching
- Wiki A collection of web pages that anyone can add to or edit
- Workshop Enables peer assessment

#### Resources

A resource is an item that a teacher can use to support learning, such as a file or link. Moodle supports a range of resource types which teachers can add to their courses. In edit mode, a teacher can add resources via the 'Add an activity or resource' link. Resources appear as a single link with an icon in front of it that represents the type of resource.

Administrators can decide whether or not to force teachers to add descriptions for each resource by enabling or disabling a site-wide setting in Administration > Plugins > Activity modules > Common settings.

- Book Multi-page resources with a book-like format. Teachers can export their Books as IMS CP (admin must allow teacher role to export IMS)
- File A picture, a pdf document, a spreadsheet, a sound file, a video file
- Folder For helping organize files and one folder may contain other folders
- IMS content package Add static material from other sources in the standard IMS content package format
- Label Can be a few displayed words or an image used to separate resources and activities in a topic section, or can be a lengthy description or instructions
- Page The student sees a single, scrollable screen that a teacher creates with the robust HTML editor





• URL - You can send the student to any place they can reach on their web browser, for example Wikipedia

Add an activity or resource			
<ul> <li>Chuice</li> <li>? Choice</li> </ul>	Select an activity or resource to view its help. Double-click on an activity or resource name to quickly add it.		
🛛 🌐 Database			
© 🕐 External tool			
I 🚱 Feedback			
🔍 🕲 Forum			
Ilossary			
O 🥘 Lesson			
🔍 🌐 Quiz			
SCORM package			
C 🔝 Survey			
I 🖉 🖉 Wiki			
Workshop			
RESOURCES			
I Book			
O 🗿 File			
I folder			
IMS content package			
I abel			
	Cancel		

Figure 2 : The "Add an activity or resource" window

# Adding an Activity using the Activity Chooser

- 1. On your course page, click Turn editing on.
- 2. In the Section where you want the activity to appear, click + Add an activity or resource. The Activity chooser dialog opens.
- 3. Select an activity. The right side of the dialog will change to show a description of the activity and support links.
- 4. Click Add. The Settings page for the activity will open.
- 5. Configure the settings for the activity.
- 6. At the bottom of the page click Save and return to course or Save and display. Note: Many activities, including Attendance, Quizzes, Glossaries, and Databases require additional setup from within the activity. If you returned to the course page, click the activity to open the activity and complete your set up.

Once you have added an activity, you can:

- Move the activity link on the course page with the Move icon (<sup>4</sup>). You can drag items between Sections (if you use the Collapsed topics format, the target section must be open).
- Configure the settings for the activity. Locate the activity you want to configure and click; Edit (to the right of the item), then; Edit settings. This will bring you to the settings page.





Expand all

- •
- Hide an activity that you are not ready to release to students or show a hidden activity. Locate the activity you want to hide or how and click Edit (to the right of the item).
- From the drop-down menu, select ( $^{\textcircled{m}}$ ) Hide or ( $^{\textcircled{m}}$ ) Show.

Change your role to Student to test submitting an activity (e.g., to submit and test scoring on a quiz) by going to the Administration block, clicking Switch role to..., then selecting Student.

# Activities

## Resources

The most used resources are "Labels" and "Files"

To add a label click Add an activity or resource. The Activity chooser dialog opens. Choose "Label" from the list. Then fill the Label text block with the information you want to present in that topic and click "Save and return to course"

SAdding a new Label to Topic 6: Annual Training Plan Design & Physical Condition Testing 🔊

▼ General	
Common module settings	
▶ Restrict access	
▶ Tags	
Competencies	
Save and return to course Cancel	

#### Figure 3: Adding a Label

To add a file, click Add an activity or resource. The Activity chooser dialog opens. Choose "File" from the list. You can then type the name of the file (such as a pdf document or a PowerPoint presentation), drag and drop the file from your computer to the indicated area and click the "Save and return to course" button.





> Courses > Services > e-Mentoring > Adding a new File to Why e-mentoring

		Expand
r General		
Name *		
Description		
Display description on course page		
0		
Select files	Maxi	mum size for new files: Unlimi
		00 == V3
	In     Fres	
	Vou can drag and drop files here to add them.	
	Vou can drag and drop files here to add them.	
Appearance	Vou can drag and drop files here to add them.	
Appearance	P In Files	
Appearance Common module settin	P Tetes Vou can drag and drop files here to add them. You can drag and drop files here to add them.	
Appearance Common module settin Restrict access	Vou can drag and drop files here to add them.	
Appearance Common module settin Restrict access Tags	P Tries Vou can drag and drop files here to add them.	







## Activities

The most common activities to add to a topic are a "quiz" and an "Assignment".

Quiz

To add a quiz, you must follow several steps:

- Create your questions in the question bank
- Create the quiz inside a topic
- Add the questions from the question bank to the quiz.

You can find the question bank in the course management settings in the bottom right.

📽 Administration	
	⊕ ¢~
<ul> <li>Course administration</li> </ul>	
🏶 Edit settings	
🖋 Turn editing off	
▶ Users	
<b>T</b> Filters	
Reports	
🏶 Gradebook setup	
Badges	
🏝 Backup	
📩 Restore	
📩 Import	
Share	
P Reset	
<ul> <li>Question bank</li> </ul>	
Questions	
Categories	
Import	
Export	
Site administration	
Search	
≡ Social activities	

**Figure 4: Question Bank** 

In this page you can add or edit questions for your quizzes.





Select a category:				
Default for Decision Making (23)				
The default category for questions shared in context	'Decision Making'.			
Show question text in the question list				
Search options 🔻				
Also show questions from subcategories				
Also show old questions				
Create a new question				
Page: 1 2 (Next)				
🗆 🛴 Question	Created by	Last modified by		
• O1: What are reasons for conflict?	panagiotis stylianidis	Nikolaos Politopoulos		
	A May 2018, 4:22 PM panagiotis stylianidis	3 July 2018, 12:55 PM Nikolaos Politopoulos		
Image:	Vas 🐢 🖆 🔍 X 8 May 2018, 4:20 PM	3 July 2018, 12:54 PM		
Q1: Which one from the following you consider	r a 🔅 🖆 🔍 🗙 BMay 2018, 4:18 PM	3 July 2018, 12:53 PM		
□ 🚦 Q1: Which one from the following you consider	r a 🐡 🖆 🗨 🗙 panagiotis stylianidis 8 May 2018, 4:16 PM	Nikolaos Politopoulos 3 July 2018, 12:55 PM		
Q2: Wich of the following skills are essential fo	r p 🏟 🖆 o 🗙 panagiotis stylianidis	Nikolaos Politopoulos		
Q2: What exactly is brainstorming?	a Ca Q X panagiotis stylianidis	Nikolaos Politopoulos		
Control in the second secon	panagiotis stylianidis	Nikolaos Politopoulos		
. Q2: Which from the following are some stops w	panagiotis stylianidis	3 July 2018, 12:52 PM Nikolaos Politopoulos		
□ := Q2. Which from the following are some steps v	ve 😋 🖸 🔍 🗶 8 May 2018, 5:04 PM	3 July 2018, 12:51 PM Nikolaos Politopoulos		
Q2: Which one from the following situations we	arr 🏟 🖆 🔍 🗙 8 May 2018, 4:25 PM	3 July 2018, 12:52 PM		
Q3: What are the steps for better decision make	cin; 🏟 🖆 🗨 🗙 panagiotis stylianidis 9 May 2018, 2:56 PM	9 May 2018, 2:56 PM		
Q3: When we confront a problem?	Panagiotis stylianidis 9 May 2018, 2:58 PM	Nikolaos Politopoulos 3 July 2018, 12:58 PM		
Q3: Which are the critical skills in decision-mak	(into the contraction of the con	Nikolaos Politopoulos		
• • • • • • • • • • • • • • • • • • •	isi to Ca Q X panagiotis stylianidis	Nikolaos Politopoulos		
CE: Generally speaking, which way can we mak	panagiotis stylianidis	Nikolaos Politopoulos		
CF. Generally speaking, which way can we may	9 May 2018, 2:46 PM	3 July 2018, 1:04 PM Nikolaos Politopoulos		
GF: People with good emotional intelligence us	Sua 🗭 🖆 🔍 9 May 2018, 2:40 PM	3 July 2018, 1:05 PM		
QF: What do we have to do in a conversation if	W A Co A X 9 May 2018, 2:42 PM	9 May 2018, 2:42 PM		
QF: What is preventing from problem solving	Panagiotis stylianidis 9 May 2018, 2:48 PM	panagiotis stylianidis 9 May 2018, 2:48 PM		
□ 😑 QF: When willing to help colleagues learn how	to 🎲 🖆 🔍 🗙 panagiotis stylianidis 9 May 2018, 2:44 PM	Nikolaos Politopoulos 3 July 2018, 1:13 PM		
□ 📮 QF: Which of the following are typical decision	mi 🏟 🖆 🔍 🗙 panagiotis stylianidis	Nikolaos Politopoulos		
□ = QF: Which of the following is in line with the sir	mp & Ca Q X panagiotis stylianidis	panagiotis stylianidis		
Page: 1 2 (Next)	2018, 2:39 PM	9 May 2018, 2:39 PM		
Show all 23				
With selected:				

Move to >> Default for Decision Making (23)

Figure 5: The Question Bank page





There are several types of questions to choose, so you can choose the one that mostly fits your needs

Choose a question type to add		
QUESTIONS	Select a question type to see its description.	
○ ☷ Multiple choice		
• • True/False		
○ 🛤 Matching		
0 🖨 Short answer		
이 쏜 Numerical		
Essay		
● <sup>2+2</sup> Calculated		
<sup>9+9</sup> <u>32</u> Calculated multichoice		
S Calculated simple		
◎ 🕂 Drag and drop into text		
Drag and drop markers		
Trag and drop onto image		
Embedded answers (Cloze)		
Random short-answer matching		
OTHER		
C 🖪 Description		
	Cancel	

**Figure 6: Question Types** 





# The next 2 screenshots show the creation page of a multiple choice question

Catego	ry Default for Decision Making (23)	
Question name	•	
Question text		
Default mark	• 1	
General feedback (		
One or multiple answe	s? One answer only	
Shuffle the choices? (		
Number the choice	s? a., b., c., •	
<ul> <li>Answers</li> </ul>		





Answers

Choice 1	
Grade	None V
Feedback	
Choice 2	
	•
Grade	None T
Feedback	
Choice 3	
Grade	None
Feedback	
	\$

After the questions have been created in the question bank you can create a quiz activity in a topic of your choosing. After naming the quiz you can then select the questions from the question bank it will include.

test			
	test		
		Grading method: Highest grade	
		No questions have been added yet	
		Edit quiz	
		Back to the course	
Editin	n auiz test @		
Questions: 0	)   This quiz is open		Maximum grade 10.00 Save
Repaginate	Select multiple items		Total of marks: 0.00
<i>₽</i> °			Shuffle ⑦





ld from the question bank at the end

Select a category:
Default for Coaching (40)
The default category for questions shared in context 'Coaching'.
Search options 💌
C Also show questions from subcategories
Also show old questions
Page: 1 2 (Next)
T Question
+ 0: • Q1: Active rehabilitation lasts at least 12 weeks? Active rehabilitation lasts at least 12 weeks? Q
+ 🛛 •• Q1: Aerobic energy production mechanism produces energy without the help of oxygen? Aerobic energy production mechanism produces energy without the help of oxygen? Q
+ 🗉 •• Q1: General mobility characterizes the normal (average) range of motion in three major synovial systems: shoulder joint, hip and spine? General mobility characterizes the normal (average) range of motion in three major and the systems: should be applied by the system of the
+ 🛛 •• Q1: In basic training objectives coach must include techniques, tactics and physical status? In basic training objectives coach must include techniques, tactics and physical status?
+ 🗉 •• Q1: In dynamic stretching maximum opening movement is achieved at a slow pace and rises at a gradual rate as "exercise in the marginal area". Attention of over-stretching? In dynamic stretching maximum opening n Q
+ 🗆 •• Q1: Resistance of strength refers to jumping ability and ballistic strength? Resistance of strength refers to jumping ability and ballistic strength? Q
+ 🗉 •• Q1: Teaching refers to the actions and manipulations, which makes the teacher to help the student in the ownership of knowledge and skills development? Teaching refers to the actions and manipulations, which make Q
+ 🛛 •• Q1: The coach's main goals in annual training planning are to achieve the highest level of performance in target matches and avoid injuries? The coach's main goals in annual training planning are to achieve the highest Q
+ 🗉 •• Q1: Throw the ball against the wall so as to be able to recapture" is an example of considerations method? Throw the ball against the wall so as to be able to recapture" is an example of considerations method?
+ 🛛 •• Q1: Training methodology must answer how, what, when, and why about the objective of training Training methodology must answer how, what, when, and why about the objective of training
+ 🗉 •• Q2: In basic training objectives coach must include techniques, tactics and physical status? In basic training objectives coach must include techniques, tactics and physical status? Q
+ 🗆 •• Q2: In sports, performance and output have the same meaning? In sports, performance and output have the same meaning? Q
+ 🗉 •• Q2: Specific includes theoretical and methodological framework regarding the specific characteristics of a specific sport? Specific includes theoretical and methodological framework regarding the specific characteristics of
+ 🗆 •• Q2: Training age is the chronological age of the athletes? Training age is the chronological age of the athletes? Q
+ 🛛 •• Q2: Training methodology must answer how, what, when, and why about the objective of training Training methodology must answer how, what, when, and why about the objective of training
+ 🛛 •• Q3: "Throw the ball against the wall so as to be able to recapture" is an example of considerations method? "Throw the ball against the wall so as to be able to recapture" is an example of considerations method?
+ 🗈 •• Q3: Analytic or synthetic method dominates the shape overall-analysis-synthesis? Analytic or synthetic method dominates the shape overall-analysis-synthesis? Q
+ 🗆 •• Q3: In student-centred teaching, teacher is at the centre of teaching? In student-centred teaching, teacher is at the centre of teaching?
+ 🗉 •• Q3: Teaching refers to the actions and manipulations, which makes the teacher to help the student in the ownership of knowledge and skills development? Teaching refers to the actions and manipulations, which make Q
+ 🛛 •• • Q3: The main characteristic of teacher-centred teaching type is that aims to develop learner autonomy and independence? The main characteristic of teacher-centred teaching type is that aims to develop learner auton Q
Page1 2 (Next)
Show all 40
Add selected questions to the quiz

To test the quiz after you are done Change your role to Student by going to the Administration block, clicking Switch role to..., then selecting Student.

## Working with Assignments Adding/Editing an Assignment/Settings

Another basic function of moodle is Assignments. You can have students access an assignment and then upload the requested material so the teacher can grade it.

When adding an Assignment activity you will be taken to this page





- General

A	s	si	iq	n	m	e	n	t	n	а	m	e	*
---	---	----	----	---	---	---	---	---	---	---	---	---	---



#### Description\*

Brief d	lescription seen by students when they enter the assignment	
Path: p		
Display description of	on course page ⑦ Places the description beneath the link on the course	
- Availability		
Availability	0	
Availability	<ul> <li>⑦</li> <li>2015 ∨ 11 ∨ 40 ∨ \u00em □ Enable</li> </ul>	
Availability	<ul> <li>⑦</li> <li>2015 ∨ 11 ∨ 40 ∨ ⊞ □ Enable</li> </ul>	
Availability	?       2015 ∨       11 ∨       40 ∨       Ш □ Enable         ∨       2015 ∨       11 ∨       40 ∨       Ш □ Enable	
Availability	$2015 \lor$ $11 \lor$ $40 \lor$ $\blacksquare$ $\blacksquare$ Enable $\checkmark$ $2015 \lor$ $11 \lor$ $40 \lor$ $\blacksquare$ $\blacksquare$ Enable	





These are the basic options of the Assignment Activity. The next picture shows the submission types allowed and the type of feedback the student can leave after the Assignment is complete.

<ul> <li>Online text ⑦ ▼ File submissions ⑦</li> <li>Vord limit ⑦</li> <li>Enable</li> </ul>	
Vord limit ⑦	
Enable	
	Uses Moodle text editor to allow students to submit there assignment. No files required.
Naximum number of uploaded files 🕐	
1 🗸	
Aaximum submission size ⑦	
Course upload limit (2MB) V	Per file submission size limit
Feedback types	
edback types	
Feedback comments 💿 🗹 Feedback file	es ③
omment inline 🕐	
Allows teacher back to the stude	r to submit files lent for feedback
Allows teacher back to the stude Provides field to provide comme on marking page or Quick G	r to submit files lent for feedback ent for students irade table.





The next picture shows the settings for group Assignments as well as the settings for allowing students to upload drafts.

No 🗸	If set to Yes, students wills ubmit drafts of assignemnts that will not notify the teacher of submission.
∟ quire that	students accept the submission statement ⑦
0 🗸	Submission statements require students acknowledge ownership and creation of the content is solely theirs.
empts rec	ppened (?)
Vever	Controls how the assignment is closed based on student
Group s	submission settings
Group s	submission settings
Group students sub	submission settings
Group students sub	submission settings omit in groups ⑦ roup members submit ⑦
■ Group s tudents sut No ▼ equire all g	submission settings omit in groups ③ roup members submit ③
Contraction of the second seco	submission settings omit in groups ③ roup members submit ③





In the next picture, the type of grading can be configured.

Grade ⑦         Type Point v       None/Scale/Point         Scale Separate and Connected ways of knowing v         Maximum points 100	
Grading method ⑦         Simple direct grading v         Determing the grading method between Simple Direct, Marking Guide and a Rubric         Grade category ⑦         Uncategorised v         If you have categories already established in your Gradebook you can allocate the activity to it directly from here.	
Blind marking ⑦ No v Students are represented as ID numbers Use marking workflow ⑦	
No  Constraints allocation (2)	





In the last picture the common module settings such as completion tracking and student visibility can be accessed.

Show y Show /Hide fr	em students	
Show/hide in	om students	
ID number ⑦		
Group mode ⑦		
No groups Disabled if set to	Forced in course settings	
Grouping ⑦		
None 🗸		
None  Available for group me	mbers only ⑦	
Available for group me	mbers only ③	
Available for group me	mbers only ⑦	
None  Available for group me Activity completion Completion options unlocked	wbers only ⑦         When you save changes, completion state for all students will be erased. If you change your mind about this, do not save the form.	
None  Available for group me Activity completion Completion options unlocked Completion tracking ③	when you save changes, completion state for all students will be erased. If you change your mind about this, do not save the form.         Show activity as complete when conditions are met	
None  Available for group me Activity completion Completion options unlocked Completion tracking ⑦ Require view	wbers only ⑦         When you save changes, completion state for all students will be erased. If you change your mind about this, do not save the form.         Show activity as complete when conditions are met         Student must view this activity to complete it	
None  Available for group me Activity completion Completion options unlocked Completion tracking ⑦ Require view Require grade ⑦	whers only ⑦         When you save changes, completion state for all students will be erased. If you change your mind about this, do not save the form.         Show activity as complete when conditions are met         Student must view this activity to complete it         Student must receive a grade to complete this activity	
None  Available for group me Activity completion Completion options unlocked Completion tracking ③ Require view Require grade ③	whers only ⑦         When you save changes, completion state for all students will be erased. If you change your mind about this, do not save the form.         Show activity as complete when conditions are met         Student must view this activity to complete it         Student must receive a grade to complete this activity         Student must submit to this activity to complete it	

# Moodle tool guide

Below you can find a handy tool guide to determine what kind of activity suits your needs.



